

# Λόγος

## THE WORD

a bi-monthly publication of  
Kimisis Greek Orthodox Church

February 2022 Edition

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## GROWING TOGETHER

Faith, family and fasting during lent



Fr. Jason invites the parish youth forward for a lesson about the Gospel reading of the week

It's a rich blessing to have the opportunity to re-orient our lives to Jesus Christ during Great Lent. Like many things in life, the more we understand what is taking place, the more fulfilling our experience can be. While there is an expansive array of what that will happen during this Holy season, let's highlight a few things that we can do with our families at this time.

### Fast as a family

Sin keeps us away from God! Because of this, our goal is to fast from sin. While it's possible that we'll only hear about this topic in Church these days, there is a relationship between what we eat, and how we behave. Think about it, where else would you hear that fasting can help our marriages, or to help us grow in love towards one another? The Church is very clear about this: Our capacity to love is affected by our ability to control our desires. Fasting is not a magic solution to our problems. It should also not be practiced for the sake of following the rules, or just to lose a few pounds! The important thing to remember is that we will have more quality time with God when we limit our basic desires and simplify our daily routines. Because fasting is personal, every family will practice it differently. It's important to seek the guidance of your Priest or Spiritual Father as you consider 1.) the fasting guidelines of the Church 2.) the ages of the people you are feeding, and 3.) if anyone in your household has special dietary needs because of a medical condition.

## Kimisis Greek Orthodox Church

140 South Grand Avenue

Poughkeepsie, NY 12603

(845) 452-0772

info@kimisisny.org

### Office Hours

Monday | Wednesday | Friday

10am - 4pm

Please call ahead

### Presiding Priest

Fr. Jason Dickey

frjasondickey@gmail.com

### Sunday Services

Orthros 8:30am

Divine Liturgy 9:30am

To keep up to date on all things

Kimisis, visit our website at

[www.kimisisny.org](http://www.kimisisny.org)

Follow us online



@kimisisny

***“Fathers and mothers, Go and lead your children by the hand into the Church.” -St. John Chrysostom***

It’s difficult to orient our lives to Jesus Christ. Thankfully, the Church provides many opportunities for prayer and worship to meet this challenge. Before Lent even begins, we must ask ourselves: What are our priorities? While we should never neglect our work, households, school, sporting events, etc., why is it that our spiritual lives can sometimes take a back seat?

Attending Church on Mondays (Great Compline), Wednesdays (Pre-Sanctified Liturgy), Fridays (Akathist), and Sundays (Divine Liturgy) will benefit our spiritual health. If we make a commitment to the services that we will attend throughout the week, we will set ourselves on the proper Lenten path where it belongs - within the greater family of the parish! We’ll never have time unless we make time!

Now comes something that we all struggle with: what if our kids don’t want to go? What if we don’t want to go? Remember, going to Church requires a commitment. It’s also an effort that will benefit us more and more as holiness increases in our lives. What if Church is boring? Our expectations of worshipping God shouldn’t necessarily be aligned to what we think of as either boring or entertaining. In fact, in a world where we often seek entertainment and stimulation, worship has the effect of re-setting our hearts and minds to the proper rhythm that we need to encounter God.

### Pray at home

Kids will feel at home in church if the home feels like a church. This does not mean that we should entirely imitate the church in our homes! Still, it’s important to have certain elements in the home that create a level of comfort with regards to Church life. Remember, the best opportunity that we can give our children is when we both teach and model the faith ourselves. In the words of St. Porphyrios, “What saves and makes for good children is the life of the parents in the home. The parents need to devote themselves to the love of God. They need to become saints...”

Lent is a wonderful opportunity to pray more often as a family. For example, if you do not have a family icon corner, build one in a central place in your home, and in every bedroom. If you already have an icon corner, pray more often in front of it. You can also incorporate some of the elements of the Lenten services into your prayer routine at home. Never be afraid to ask for guidance from your priest for guidance and resources about prayer, and the education of our children in the home. Always take the time to thank God for every opportunity to both grow in love, and to experience God in a more fulfilling way. If we truly want to “get our kids to church,” every one of us has to make a commitment to open our hearts, and every aspect of our family life to Jesus Christ.

# PRAYER DURING GREAT LENT

## Great Lent Is An Extraordinary Time To Learn To Truly Pray

Monk Moses the Athonite  
translated by John Sanidopoulos

The main elements of Great Lent are prayer and fasting. Prayer presupposes faith. A person who does not pray is helpless, insecure, blind and alone.

They are attached to the earth, to matter, they do not know how to fly high, to sail in the heavens, to have necessary celestial assistance. They are magnetized, bound, clinging to the perishable earth. They do not detach easily. They try to treasure the earth. They are constantly looking for pleasures, to make them happy, but rather they give them pain. It is sad and worthy of lamentation to see them seeking joy in the mud. The ascent to heaven begins with repentance, sincere repentance, compunctionate remorse. It is worth feeling that you were not created for the dirt. Empathy does not really make you happy. Adherence to the hereafter is a serious mistake and has costs with bitter consequences. It is not impossible to climb higher than the peaks. It is possible for everyone. As long as they want it, they love it. At first we are hesitant, cowardly, scared, we do not want to risk it.

In fact, we consider prayer elusive, strange, unnatural, impossible, not for us. We think it is a game which is impermissible and resistant, that we are very sinful for such a thing. Prayer is not just for the saints. But if one prays modestly and humbly, one begins to sweeten one's heart, to be illumined, to be strengthened and to rest. They feel that praying is worth it. They feel gladness, rejoicing, security, empowerment and comfort. They understand that it is a great need of the soul, their physical movement, their inherent functioning. It becomes a good habit and not a formal act. A daily indulgence and gift. As the body needs daily food to be maintained, so does our immortal soul. One cannot love God and not connect with Him, not talk to Him and pray. They always think about Him and invoke Him. The memory of God is a prayer. When you remember your loved one you rejoice. Divine invocation is an occasion of great joy, peace and blessing.

Without prayer the soul remains breathless, weak, sick.

Prayer gives spiritual health, balance, discernment, illumination, sanctification. Prayer shields against sin. The one who prays has a conversation with God and does not engage in vain things. They learn humility, meekness, simplicity and love. The one who prays is a beloved child of God. A great gift of God to man is prayer. This period of Great Lent is an extraordinary opportunity to learn to truly pray.

## Lenten Services

*lent begins March 7th*

### Monday (Δευτέρα)

Great Compline

Αποδειπνον Μεγα

6:30 pm

### Wednesday (Τετάρτη)

Presanctified Liturgy

Προηγιασμενη

3/9, 3/16, 3/23

9:30 am

3/30, 4/6, 4/13

6:30 pm

\* all services held at Kimisis \*

### Friday (Παρασκευή)

Salutations to the Theotokos

Χαιρετισμοί της Παναγίας

7 pm

***Come and pray as a family!***

# PARISH COUNCIL UPDATE

A message from our Parish Council president

Demetrios 'Jimmy' Sassos

I am so thankful and grateful to serve this great parish for 2022 as President of the Parish Council. As most of you know, I was born and raised in this community and am fortunate like many others to be a result of the love and dedication of the many people over the years in our ministries and programs of this parish. Although we have faced a tough 2 years of a Global Pandemic, we at Kimisis Tis Theotokou church, have worked tirelessly to protect our local parish while continuing to thrive as a Christ Centered community. As other churches still struggle to gather, have events and even have Divine Liturgy, Kimisis has been thriving as beacon of the Hudson Valley and a leader, a forerunner among the the parishes of NY state! This year the Archdiocese Stewardship Message for 2022 is: "Our Church, Our Spiritual Home." To put the theme simply, we are to treat our Church with the same love and value that we do our own personal homes. Our homes are a place where people should be safe and comfortable and we must treat our church as our Spiritual Home. Just like we would invite family and friends to our home to have dinner, watch a movie, or just spend time together with us, so should we do the same with our beloved Kimisis here in Poughkeepsie!

I invite everyone to share in that message by extending an invitation to one of your loved ones who you don't see at church as often as you'd like this year! Make it your Goal to bring someone back to church! If you're a grandparent, suggest to your children and grandchildren to meet you at church on a designated Sunday. If you're a Godparent, call your god-child and get their parents, your Koumparoi, to make it a habit to meet them on Sundays at church and make it a regular occurrence. You made a promise to them to ensure their child grows up an Orthodox Christian when they were baptized! Honor your pledge and help strengthen all your spiritual muscles tighter together! If you're a parent, look at bringing your children to church just as important as the many after school programs, sports teams and clubs you rush out the door every day to make sure they don't miss out on!

We need to make Sunday services a staple of our core family life again just as our parents did for us growing up! We cannot let the everyday distractions of the modern world overwhelm us that we're 'too tired' for church on Sunday. I guarantee one day your family members will thank you and your life will become better for one reason...because you have allowed God to enter their lives and hearts! Help your loved ones find peace and comfort in your spiritual home in a world that seems to get crazier, more confusing and scarier every day.

To drive this point of treating Kimisis as our Spiritual Home, aside from Sunday services, we are going to promote fun events once a month to allow our spiritual family to gather in fellowship! It is our Goal of the Parish Council together with Father Jason to work with our Ministries to create a welcoming environment for all our members of our parish to come together and enjoy Our Spiritual Home! We are continuing to look at improving our Spiritual house itself with capital projects to improve our grounds like replace our Roof and rebuild our stairs in front of the building both at the main steps and side entrance to our classrooms. Just like how you address your own personal home's needs so are we looking to address the structural challenges of our beloved Kimisis!

2022 is also very important because not only are we working on our Spiritual Home, we prepare for a big year of 2023 which is our Centennial Celebration. On October 23, 1923, our founders of Kimisis held their first ever Divine Liturgy in Poughkeepsie! Our Parish will be celebrating its 100th year and we plan on doing this in a big way! Help us make our 99th year of 2022 a meaningful one as we prepare to celebrate our 100 years of our Greek Orthodox Home in Poughkeepsie as a parish as a loving family!

May the Love of Our God Be with you all and may the Holy Spirit Bring Us Together and Enlighten us this year to do many great Things this Year here at Kimisis.

Δημήτριος Σασσος  
Πρόεδρος του Κοινοτικού Συμβουλίου

Είμαι τόσο χαρούμενος και ευγνώμων που θα υπηρετήσω την κοινότητα μας ως πρόεδρος το τρέχον έτος 2022. Όπως όλοι γνωρίζετε γεννήθηκα και μεγάλωσα σ' αυτήν την κοινότητα και είμαι προϊόν της αγάπης και της αφοσίωσης των ανθρώπων που πλαισίωσαν για χρόνια τις ομάδες νεότητας της κοινότητας μας. Παρ' όλες τις δυσκολίες των τελευταίων δυο χρόνων εξ αιτίας της πανδημίας, εμείς στην Κοίμηση της Θεοτόκου εργαστήκαμε ακούραστα για να προστατεύσουμε την εκκλησία μας και να συνεχίσουμε να ευημερούμε σαν Χριστοκεντρική κοινότητα.

Το μήνυμα της Αρχιεπισκοπής για το 2022 είναι : Η εκκλησία μας, Το πνευματικό μας σπίτι. Για να το πούμε πιο απλά πρέπει να σεβόμαστε και να αγαπάμε την εκκλησία μας όπως το σπίτι μας, να αισθανομαστε ασφαλείς και αναπαυμένοι σε αυτήν . Είναι το πνευματικό μας σπίτι. Όπως μαζευόμαστε με την οικογένεια και τους φίλους μας για φαγητό , για να δούμε ταινία ή για να περάσουμε όμορφα μαζί , έτσι πρέπει να κάνουμε και στη αγαπημένη μας Κοίμηση εδώ στο Roughkeepsie. Σας προσκαλώ όλους να μοιραστείτε αυτό το μήνυμα , καλέστε κάποιον αγαπημένο σας που δεν έρχεται στην εκκλησία συχνά να έρθει!! Βάλτε σκοπό να φέρετε κάποιον πίσω στην εκκλησία! Αν είστε παππούς ή γιαγιά προτείνετε στα παιδιά και τα εγγόνια σας να σας συναντήσουν στην εκκλησία μια καθορισμένη Κυριακή. Αν είστε νονός καλέστε το βαπτιστήρι σας και τους γονείς του, τους κουμπάρους σας , να σας συναντούν στην εκκλησία τις Κυριακές συχνά. Να τους γίνει συνήθεια . Άλλωστε με το βάπτισμα υποσχεθήκατε ότι θα είστε υπεύθυνος για να μεγαλώσει το παιδί Χριστιανός Ορθόδοξος. Αν είστε γονιός , το να φέρνετε το παιδί σας στην εκκλησία είναι εξίσου σημαντικό όπως οι άλλες δραστηριότητες αθλητικές ή ακαδημαϊκές στις οποίες τρέχετε μετά το σχολείο για να μη τις χάσουν τα παιδιά. Πρέπει να κάνουμε την Θεία Λειτουργία απαραίτητη και να την βάλουμε στον πυρήνα της οικογενειακής μας ζωής όπως έκαναν οι γονείς μας όταν μεγαλώναμε. Δεν μπορούμε να αφήσουμε τους καθημερινούς περισπασμούς της σύγχρονης εποχής να μας κυριέψουν σε σημείο να είμαστε κουρασμένοι για εκκλησία την Κυριακή. Σας εγγυώμαι μια μέρα τα μέλη της οικογενείας σας θα σας ευχαριστούν ,και

η ζωή σας θα γίνει καλύτερη για έναν και μόνο λόγο ...γιατί αφήσατε τον Θεό να μπει στη ζωή και την καρδιά σας. Σε έναν κόσμο τρελο και μπερδεμένο που γίνεται τρομακτικός μέρα με την μέρα, βοηθήστε τους αγαπημένους σας να βρουν Ειρήνη και ανάπαυση στο πνευματικό σας σπίτι . Εκτός από τις ακολουθίες της Κυριακής στο πνευματικό μας σπίτι , θα προωθήσουμε διασκεδαστικές εκδηλώσεις μια φορά τον μήνα ώστε να συγκεντρώνετε η πνευματική μας οικογένεια .

Ο σκοπός του κοινοτικού συμβουλίου μαζί με τον πάτερ Jason είναι να δουλέψουμε με τις διάφορες οργανώσεις για να δημιουργήσουμε ένα φιλόξενο περιβάλλον για όλα τα μέλη της κοινότητας . Προσπαθούμε επίσης να βρούμε τρόπους να βελτιώσουμε το κτίριο του «σπιτιού» μας με μεγάλα έργα . Αλλαγή της σκεπής, ανοικοδόμηση της σκάλας μπροστά από την είσοδο της εκκλησίας και τα σκαλοπάτια της διπλανής εισόδου του ελληνικού σχολείου. Ότι κάνουμε για να διορθώσουμε τα σπίτια μας ,αυτό θα κάνουμε και για την αγαπημένη μας Κοίμηση.

Το 2022 είναι σπουδαίο για έναν ακόμη λόγο. Ετοιμαζόμαστε για τον εορτασμό της εκατονταετηρίδας της κοινότητας μας. Στις 23 Οκτωβρίου 1923, οι ιδρυτές της κοίμησης τέλεσαν την πρώτη Θεία Λειτουργία στο Roughkeepsie. Η κοινότητα μας θα γιορτάσει τα 100 της χρόνια με μεγαλοπρέπεια!!! Βοηθήστε μας να κάνουμε αυτή την χρονία σημαντική έχοντας στόχο τον εορτασμό των 100 χρόνων του πνευματικού μας σπιτιού εδώ στο Roughkeepsie , της Κοίμησης της Θεοτόκου . Σαν μια μεγάλη αγαπημένη οικογένεια ας δουλέψουμε μαζί για να πραγματοποιήσουμε τους στόχους μας μικρούς και μεγάλους.

Ευχομαι η αγάπη του Θεού μας να σας σκεπάζει όλους , και η Χάρη του Αγίου Πνεύματος να μας φωτίζει και να μας ενώνει για να κάνουμε θεάρεστα έργα εδώ στη Κοίμηση . Μετά τιμής

# MINISTRY REPORTS

## What's going on in our Kimisis Community



Our AHEPAns meet with District 6 Governor Dean Moskos during their February meeting

### AHEPA

Steve Miller

On Tuesday, February 8th, our AHEPA chapter was blessed to have the District 6 Governor of NY, Dean Moskos, pay a visit. After our meeting we shared in fellowship and discussed important topics about the Local Hudson Valley and District 6 at large.

You may know that the Church and AHEPA have joined together to run a Golf Outing on Monday July 25, 2022 at McCann Golf Course. I'm hoping that the Golfers in the Community will choose to play and support the event. I also understand that you may have other commitments or don't play golf and will not be able to participate. However, you may wish to support the event in other ways. We always need prizes such as a gift certificate for \$25.00 to Dick's Sporting Goods or to a Restaurant or donate a Bottle of Wine or Alcohol. You could also sponsor the Closest to the Pin or Longest Drive hole for \$50.00. You could share the cost with someone. With your help this can be very profitable for the Church and AHEPA. Thank you for your consideration. For more information, contact Steve Miller.

### Altar Boys and Chanters

Fr. Jason Dickey

All men and boys interested in serving or anyone interested in chanting should contact Fr. Jason. We are always in need of helpers for these vital ministries especially with Great Lent and Pascha approaching.

### Festival Committee

Demetrios Sassos

I'd like to thank everyone for their continued great work in the Gyrobowl this year! Because of Covid, we had to do a closed event but despite this we broke a record! We had Gross sales of \$13,400 in just two days, the most we've ever recorded in the 5 years we've been tracking with the Square! And because of the generous donations of the Maravegias family of Athena Gyro, the Pertesis Family of Alex's Restaurant, and the Katsanis family of Hudson Valley Gyro, we were able to save a lot of money in food costs to where we have made about a 65% profit!

We plan on having our Greek Fish Fry Fridays and because the pilot did so well last year, we are extending it to all of Lent! We will begin March 4th and host it every Friday from 5-8pm until April 15th!! Any volunteers interested please reach out to myself or a parish council member!



Hardworking volunteers prepare Gyros and other Greek favorites at the Gyro Bowl

### Greek Dance

Pres. Theophania, Eva Moustakas, Dimitri Bakatsias

We are pleased to be able to re-start Greek Dance once again as a sense of "normal" is finally on the horizon. Practices resume on February 20th following coffee hour, over in the Hellenic Center for all young people ages 2-21! The dance list has been finalized and we are pleased to be working toward a program that will represent our Greek cultural roots with some familiar classics, as well as some dances with a modern flare. Additionally, watch for announcements shortly

regarding a special Saturday modern dance seminar that is in the works for early spring!

Upcoming schedule for practices is presently as follows: Sun. 3/20, Sun. 4/10, Sun. 5/1, Sun. 5/15, Sun. 6/5, and Sun. 6/12. Our dress rehearsal for the June Festival is Thursday, 6/23, 6-8pm. Dress rehearsal is mandatory for those performing at the festival

It's not too late to join us if you plan to participate in the June festival. Special thanks to our community for the ongoing support and encouragement. Please be sure to contact Presvytera Theophania if you have any questions, tedickey@icloud.com.



Our Greek Dancers practicing at the Hellenic Center with Pres. Theophania

## Greek School

Hrisoula Papadopoulou

Happy and blessed New Year to all. Christmas and New Year holidays are over and Greek school is open again! The students happy and relaxed, returned to their classes with enthusiasm. It's chilly outside but our classes are full of life and energy.

The students of kindergarten class with Mrs Barbara Sassos are learning the alphabet, new words, songs and do all kinds of crafts listening to "Peppa pig" in Greek! In Mrs Teddy Karathomas class the first Greek grammar rules started, and in Mrs Hrisoulas class a war of verbs, grammar genders, modes and numbers, fruits vegetables and Greek dishes is taking place every week. Our Regents student Taso Bakatsias is starting a serious preparation for his exam in June. Shortly we will start learning facts about the Greek war of independence and will prepare to celebrate with all the community this important day in March.

Despite the difficulties during the past two years due to the pandemic, the Greek school continues its operation with dedication, on line or in person taking into consideration all measures for the security and protection of our students.

On December 19 we had our annual Christmas pageant. The students recited poems and sang Christmas carols. Mr. Nick Anemelos dressed as Santa gave presents to the children and many pictures were taken. Thank you Niko. We all had lots of fun. Many thanks go to our PTA for the excellent organization of the event, the decoration of the center, the ruffle, the food presentation and the cleaning up at the end. Thank you to all our food, ruffle and monetary donors! We are moved by your love and generosity!

Thank you parents grandparents relatives and friends for your attendance we are honored by your support. We hope to see you all in March to celebrate Greek Independence Day together.

The first semester of Greek language for adults was completed with great success! An excellent, dynamic, enthusiastic group of 11 students with love to the Greek language and culture, completed the series of lessons for the beginners class. The next semester starts in February. Adult classes will be held every Monday 6-7:30 pm. I wish you all continue with the same enthusiasm your Greek language journey! Books in hand and I will see you all in class.

A new program that will help students to catch up, review grammar and vocabulary once a month on Saturday. Free private lessons will be given by Mrs Hrisoula. Schedule for dates and times will be posted shortly.



Greek School student recite poems and sing songs at their Christmas celebration

## Ελληνικού Σχολείου

Χρόνια πολλά , καλή και ευλογημένη χρονιά με υγεία, αγάπη και ευτυχία σε όλους . Πέρασαν οι Άγιες μέρες του 12 ημερου , οι διακοπές τελείωσαν και το Ελληνικό σχολείο ξανάρχισε! Τα παιδιά χαρούμενα και ξεκούραστα γύρισαν στις τάξεις τους. Το κρύο αυτό τον καιρό είναι τσουχτερό αλλά οι τάξεις μας σφιζουν από ζωή και ενέργεια.

Τα νήπια με την κυρία Βαρβάρα Σασσου μαθαίνουν την αλφαβήτα, λεξούλες, τραγουδάκια και κάνουν διάφορες χειροτεχνίες ακούγοντας την Πέπα το γουρουνακι. Στην τάξη της κυρίας Θόδωρας Καραθωμά αρχισαν οι πρώτοι κανόνες της γραμματικής ...και στην κυρία Χρυσούλας γίνεται χαμός με τα ρήματα , τα γένη, τους πληθυντικούς τα φρούτα, τα λαχανικά και τα ελληνικά φαγητά! Ο μοναδικός μαθητής μας για τα Regents Τάσος Μπακατσιάς μελετά και προετοιμάζεται με ενθουσιασμό για τις εξετάσεις του τον Ιούνιο. Σύντομα όλοι θα αρχίσουμε να μαθαίνουμε για την ελληνική επανάσταση και να ετοιμαζόμαστε για την μεγάλη εθνική μας εορτή της 25ης Μαρτίου .

Παρ' όλες τις αντιξοότητες που αντιμετωπίζει η κοινωνία μας με την πανδημία τα τελευταία τρία σχεδόν χρόνια, το Ελληνικό μας σχολείο συνεχίζει δυναμικά την λειτουργία του και τις δραστηριότητες του είτε διαδικτυακά ή με φυσική παρουσία των μαθητών στις τάξεις πάντοτε με προσοχή και με ασφάλεια.

Έτσι και φετος καμαρώσαμε ,τους μαθητές της Κοίμησης στην γιορτή των Χριστουγέννων στις 19 Δεκεμβρίου, που μας απηγγείλαν ποιήματα και τραγούδησαν τα κάλαντα. Με το τραγούδι «τι χαρά τι χαρά παιδιά» υποδεχθήκαμε τον Άγιο Βασίλη τον κύριο Νίκο Ανέμελο που ενθουσίασε μικρούς και μεγάλους , μοίρασε δωράκια σε όλα τα παιδιά και βγήκε φωτογραφίες. Σ' ευχαριστούμε Νίκο και του χρόνου με υγεία. Πολλά ευχαριστώ στο σύλλογο γονέων για την υπέροχη διοργάνωση της γιορτής την διακόσμηση και την λαχειοφόρο αγορά , σε όσους πρόσφεραν γενναιόδωρα για το πλούσιο γεύμα που απολαύσαμε , και σε όσους βοήθησαν να καθαρίσουμε μετά την γιορτή.

Ευχαριστούμε τους γονείς παππούδες γιαγιάδες συγγενείς και φίλους που παρευρέθηκαν . Μας τιμά

η παρουσία και η υποστήριξη σας. Ευχαριστούμε τους δωρητές μας. Η αγάπη και το ενδιαφέρον σας για το σχολείο μας συγκινεί βαθύτατα. Θα χαρούμε να σας δούμε όλους στην επόμενη εκδήλωσή μας τον Μάρτιο, για να γιορτάσουμε όλοι μαζί την Εθνική μας γιορτή. Η ημερομηνία θα ανακοινωθεί προσεχώς.

Ελληνικό σχολείο Ενηλίκων κάθε Δευτέρα 6-7:30μμ. Με μεγάλη επιτυχία τελείωσαν τα μαθήματα του πρώτου εξαμήνου ελληνικής γλώσσας για ενήλικους. Μια υπέροχη , δυναμική ενθουσιώδης ομάδα ένδεκα μαθητών , με αγάπη για την ελληνική γλώσσα και κουλτούρα ,συμπλήρωσαν την σειρά των δέκα μαθημάτων για αρχάριους . Συγχαρητήρια! Το δεύτερο εξάμηνο αρχίζει τον Φεβρουάριο. Ευχομαι να συνεχίσετε όλοι με την ίδια αγάπη και ενθουσιασμό το ταξίδι σας στην πλούσια γλώσσα μας . Τα βιβλία στο χέρι και ραντεβού στην τάξη!

Σάββατο με την κ. Χρυσουλα . Ένα πρόγραμμα που θα βοηθήσει με επαναλήψεις στην γραμματική και στο λεξικό τους μαθητές του σχολείου . Μια φορά τον μήνα οι μαθητές που έχουν ανάγκη θα έχουν δωρεάν ιδιαίτερο μάθημα. Η ημερομηνίες και ώρες θα ανακοινωθούν προσεχώς.



Fr. Jason cuts the Vasilopita after Liturgy; proceeds from the day's events went to St. Basil's Academy

### Internet Ministries and Social Media

Bradley Delmar, Demetrios Sassos

We are always looking for parishioners willing to volunteer to take pictures at our events at Kimisis, especially during the upcoming celebration of Greek Independence Day and Pascha. We would also like to encourage you all to follow us on our Facebook, Twitter and Instagram accounts to stay updated on all our happenings at Kimisis.



Philoptochos collects shoes and warm clothing for community members in need

## Philoptochos

Theodora Karathomas

I wish to extend to all in our community a Happy and Healthy 2022. As you all know this September Philoptochos elected a new executive board. We are all very excited and honored to have been entrusted by the membership to continue the philanthropic work of our chapter. Our mission is to help those in need, the homeless and the sick, while preserving and promoting the Greek Orthodox Faith and traditions. Since September our new board and all of our members have been busy. Our food drive has been very successful bringing food to our local homeless shelter. We are thankful for our generous community members for donating non perishable goods for and to our chairperson Anna Spyrou who continues to shop and bring the food to the shelter for so many years. Our food drive continues all year round because there is a need in our community. Our sunshine committee chair Mia Polanchik has kept in touch with members of our church who are sick, in the hospital, homebound and have lost a loved one. We are grateful for both these ladies for their hard work. The Fall Shoe drive and Coat drive are also successful. We collected coats for Dutchess Outreach and 145 pairs of shoes that were distributed to Shoes for Soul and a local homeless shelter in Poughkeepsie. In October we sponsored the coffee hour in honor of our present Philoptochos members and those who have passed away. A few of us attended the Biennial Conference at the church of the Holy Resurrection in Brookville, NY, which was very informative and educational. Contributions were made to the Eagle Scout Award Ramp project, Christmas shoe box event for the children, Ronald McDonald House Greek division, St. Michael's home, and St Basil's

Academy. In December we also had our annual Christmas lunch which was very well attended and we all had a great time. A special thank you to all who made it possible and attended. The Christmas quilt raffle was also successful and we thank you all for your contributions which will fund upcoming events for our Kimisis family. For those of you who may not know the quilt was donated by Lee Venetis a life long member of our community and active Philoptochos member. Her incredible workmanship and generosity will be unforgettable.

The community annual Vasilopita cutting was also well attended and a success. All the proceeds from the event were donated for the children of St. Basil's Academy. I wish to thank our Chair ladies Eleni Anemelos, Lisa Dickenson and Gloria Siderias for their hard work and Alexandra Koliopoulos for the delicious Vasilopites.



Philoptochos members raise their glasses for a holiday toast at their annual Christmas party

Presently we are sponsoring a Dignity Drive for undergarments for men, women and children. A box with a flyer is located in the narthex for the collection. Any small donation will benefit someone in a big way.

We look forward to our upcoming events in the next few months as we travel through lent to the glorious Resurrection of our Lord. We hope and pray that better days are ahead so we could share fellowship together again. Some of our upcoming events will include a Lenten retreat on Saturday of Souls March the 12th and the Palm Sunday Luncheon. In May we will have our Pocketbook Bingo event, a day of fun and games with beautiful prizes. Stay tuned for more details to come.

This year the National Philoptochos celebrates 90 years as the philanthropic arm of the Greek Orthodox church. We welcome all ladies of every age to be part

of our chapter. We meet on the first Sunday of each month after the liturgy. Join us and I promise you your involvement will be spiritually uplifting. Your active and/or financial support enables the Philoptochos Society to be effective as a contributor to charitable organizations and to assist in fulfilling the needs of our parish. The greater the support, the greater the potential of Philoptochos to fulfill and expand its ministries. We can achieve a lot all together. Talk to anyone of our members on how you can join us. We are mothers, daughters and sisters in Christ and we will be there for you in time of need.



GOYans and their families caroling at local diners spreading Holiday cheer

**Youth and Family Ministries**

Friday, February 11th we enjoyed our first ever Valentine's Kids Night In/Parents Night Out! Parents had a chance to have an early Valentine's date with their spouses while the kids had a fun filled night with games, crafts, food, dancing and a movie. Thank you to all our volunteers who assisted and to our heads of the event Kittie Anemelos and Marial Drivas. Don't forget to join us on April 9th at our Hellenic Center as we learn more about cultivating the health of our families with Father Alexander Gousettis who is the director of the Archdiocese Center for Family Care.



Parish youth enjoy activities at our our first ever Valentine's Kids Night In

**The Logos**

Thanasi Giogakis, Catherine Osterhoudt, Bradley Delmar

The Logos is proud to relaunch our bi-monthly parish newsletter this month with a refreshed layout, and new and improved content. This has been hard work by all involved from members of the committee. We look forward to continue to revive this ministry of the church. We are always looking for feedback as well as content from parishioners and advertisements that help us fund this vital ministry.



Our chanters lead the hymns during the Divine Liturgy on Christmas Eve



New and returning parish council members are sworn in and prayed over by Fr. Jason



Fr. Jason, Nick, and Jimmy ring in the new year at our New Year Eve party



Nick and Anesti cut the meat for our Gyros at the Gyro Bowl



Youth from the Parish decorate our Christmas tree in the narthex



Volunteers pack care packages for children in need during our Operation Christmas Child packing night



Greek School is back in session! Our students show off their work

# HOUSE BLESSINGS

Fr. Jason is still scheduling house blessings for the new year! Contact the church office so Fr. Jason can visit to bless you and your family!

Please be aware that due to Covid-19, Fr. Jason will be blessing homes in a somewhat different manner to ensure the health and safety of everyone at Kimisis.

Please prepare the usual items in your home:  
A bowl of water, a towel, icon, and candle or lamp

Fr. Jason will start and finish the service at the entryway of your home.

Please remember that he will not be able to stay for lunch, coffee, or other refreshments.

He will leave you with Holy Water from Kimisis.

Father Jason will use PPE at all times—Please do the same.



# UPCOMING EVENTS

Tuesday, March 1st	<b>Parish Council Meeting</b>
Saturday, March 5th	<b>Saturday of the Souls</b> Liturgy - 9:30am
Sunday, March 6th	<b>Philo托chos Meeting</b> After liturgy
	<b>Forgiveness Vespers (Lent Begins)</b> Vespers - 1pm Kite flying and fellowship following
Monday, March 7th	<b>Clean Monday - First Day of Lent</b> Come to church, pray as a family!
Saturday, March 12th	<b>Pre-Marital Seminar</b> Hellenic Center   9am - 3pm
	<b>Saturday of the Souls</b> Liturgy - 9:30am
	<b>Philo托chos Lenten Retreat</b> After liturgy
Monday, March 21st	<b>Man of God - St. Nektarios Movie</b> 7pm at Regal Cinema Please RSVP with Fr. Jason!
Friday, March 25th	<b>Annunciation</b> Liturgy - 9:30am
Sunday, March 27th	<b>Greek Independence Celebration</b> After liturgy
Saturday, April 9th	<b>Family Ministries Retreat</b> Hellenic Center   9am - 3pm
Saturday, April 16th	<b>Saturday of Lazarus</b> Palm Folding!
Sunday, April 17th	<b>Palm Sunday</b>
April 18th - 23rd	<b>Holy Week</b> Full service schedule coming soon
Sunday April 24th	<b>Pascha!</b>

**For the most up to date schedule, be sure to check our weekly bulletin or visit our website at [www.kimisisny.org](http://www.kimisisny.org)**

# PARISH DIRECTORY

Demetrios Sassos  
*president*  
914-204-1565

Athanasios Giogakis  
*vice president*  
845-901-7582

Catherine Osterhoudt  
*secretary*  
845-224-1000

Chris Anemelos  
*treasurer*  
845-705-0560

Nick Kalogris  
845-797-3680

Najla Nouri Neshewat  
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Michael Pertesis  
845-380-0474

Hrisoula Papadopoulos  
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Paul Zagoreos  
845-797-2605

Timothy Pagones  
845-505-5452

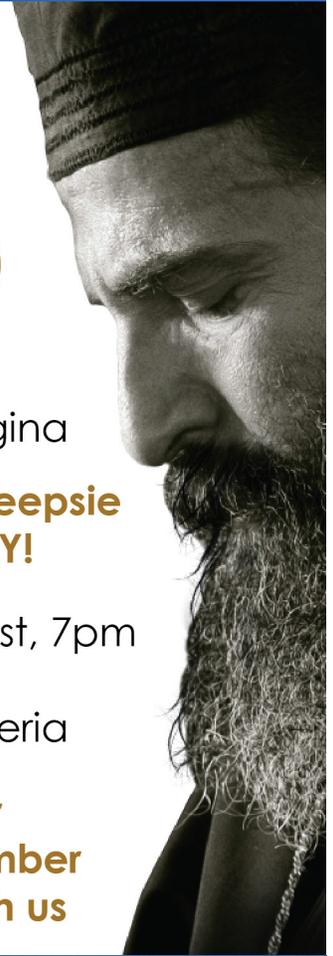
# MAN OF GOD

The Story of  
St. Nektarios of Aegina

**Coming to Poughkeepsie  
for ONE NIGHT ONLY!**

Monday, March 21st, 7pm  
Regal Cinema  
Poughkeepsie Galleria

**RSVP to Fr. Jason or  
Parish Council member  
to come watch with us**



KIMISIS CHURCH PRESENTS

Join us on Sunday March 6th, to celebrate the beginning of lent but continuing the tradition of flying a kite on Clean Monday. Festivities will begin at 12pm.

Bring your own dish to share  
Forgiveness Vespers to follow  
Hellenic Center parking lot

# Greek Fish Fry

EVERY FRIDAY DURING LENT

March 4th | March 11th  
March 18th | March 25th  
April 1st | April 8th | April 15th

# 5pm - 8pm

Poughkeepsie Hellenic Center  
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 Bettina, Alexandra & Helen  
 Chelak, Peter & Theodora  
 Christiana, Mark  
 Christy, Angelika  
 Dickey, Fr Jason & Theophania  
 Hallas, Maria  
 Kalogris, Nicholas  
 Karathomas, George & Theodora  
 Koliopoulos, Alexandra  
 Kyriacou, Kyriakos & Maddi  
 Kyriacou, Christos & Anna  
 Kyriacou, Christos & Elsa  
 Kyriacou, Kyriakos & Susan  
 Kyriacou, Nicholas & Georgia  
 Lainis, Constantina  
 Lainis, Maria  
 Manos, Constantine & Catherine  
 Maroulis, Peter  
 Miller, Stephen & Andrea  
 Morey, Trevor & Elizabeth  
 Moustakas, Dina  
 Moustakas, George & Marissa  
 Nicolaeff, Olga  
 Osterhoudt, Catherine  
 Osterhoudt, Nitsa  
 Papadopoulos, Irene  
 Papamitoukas, Andriana  
 Pavlos, Angela  
 Pavlos, John & Donna  
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 Polanchik, Mia  
 Rassias, Marian  
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 Roussos, Efstratios

Roussos, George  
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 Siderias, John & Sonja  
 Siderias, Nectarios  
 Simou, Eleni  
 Simou, John & Callie  
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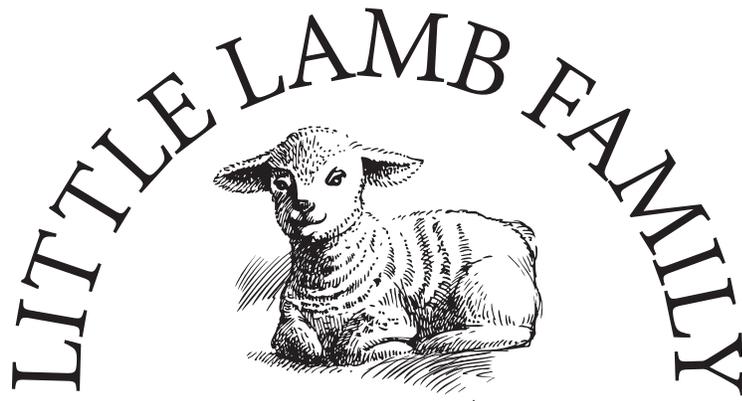
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